



# Term 2 Bootcamp

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## Sentari Fitness

### Make Yourself Proud

Sentari Fitness will be running Group Fitness sessions at Highbrook Park during Term 2.

These sessions are designed for people of all fitness levels and can be modified for any injuries if required.

Kids are welcome to come along with you. As it is at Highbrook Park there is plenty of room for them to run around.

Come down and train in a fun, friendly environment.



## Sentari Fitness

Leigh

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